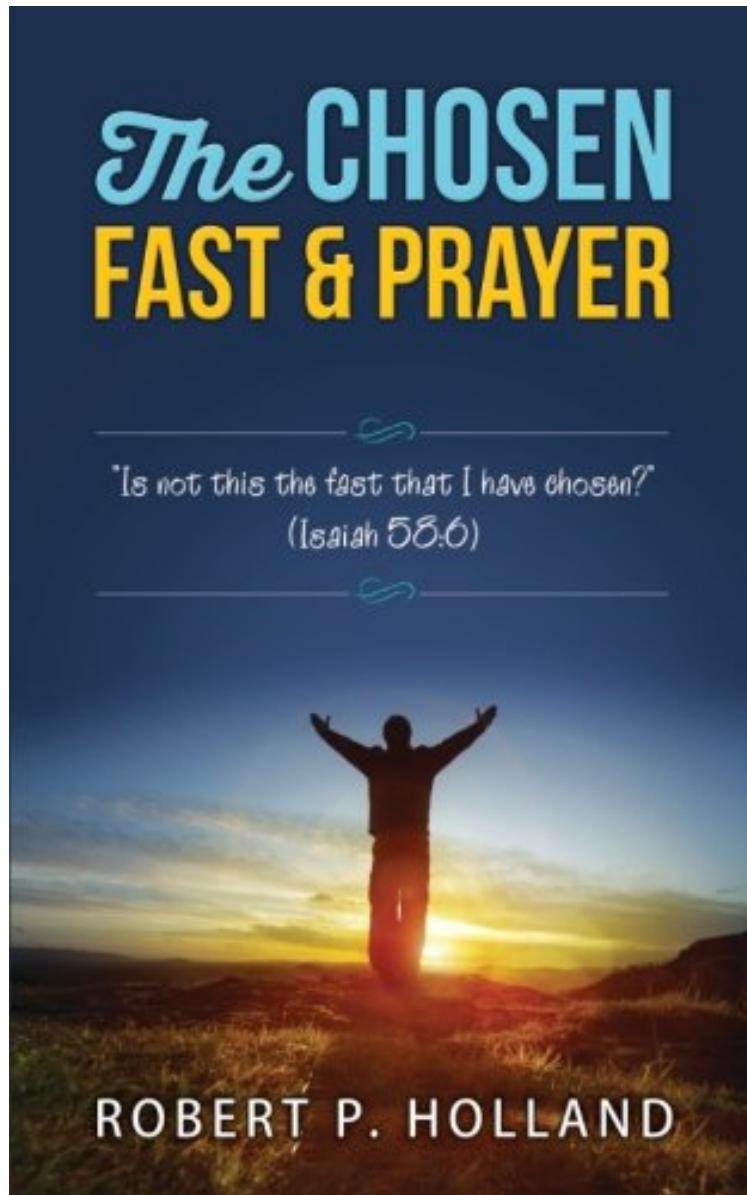


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## **The Chosen Fast and Prayer**

**Robert P. Holland : The Chosen Fast and Prayer** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Chosen Fast and Prayer:

8 of 8 people found the following review helpful. The best book on fasting and prayer that I have readBy Gregory A. JohnsonRobert Holland uses his vast knowledge of Scripture, including his extensive ministry and personal

experiences, to explain fasting and prayer. Giving particular attention to the chosen fast (Isaiah 58), one of my favorite chapters of Scripture, he writes in a manner that is both informative and challenging. The well-written book leaves the reader with the desire to fast and pray along with the knowledge to do so properly and in obedience to Scripture. I have known Robert Holland for two decades and have had the opportunity to sit under his ministry for a short season prior to pastoring my first church in the early 1990s. Pastor Holland has a keen understanding of Scripture that is reflected in his life. He portrays the image of Christ more than any other person I have had the privilege of knowing. His ability to communicate and teach the Word is a gift given to us by God. Those who have had the privilege of sitting under his ministry have not experienced a famine of the Word, and have instead been given a bountiful feast that brings growth in the Lord.-- Pastor and Author Gregory A. Johnson, [...] 1 of 1 people found the following review helpful. This book will help you in your Christian walk! By Rick Herald I have known the author, Pastor Robert Holland for some time and he was my professor in our Appalachian school of ministry. His integrity and knowledge of scripture has set the standard to strive for, in my ministry. Pastor Holland uses his personal application and experiences to encourage believers to live a little closer to their God and Savior Jesus Christ! Even though The Word of God tells us we don't have to wonder if fasting and prayer benefits the believer, In this book you will see, It Works! Today's last day Church Universal is trying to separate what one does from who we are. The New Testament reminds us that there is power in Godliness! This book reinforces this biblical and theological principle. The power of Godliness must be restored to the Body of Christ! As the scripture says, there is a form in most churches today! This book will help us find our way back to true Godliness and the life transforming power that God wants for His children! Faith in Christ without works is dead! No works in themselves can save you but if we say we are saved let the evidence be seen in our obedience! This book is about Love and Obedience! I recommend that you read and reread The Chosen Fast! This book is about more than depriving oneself! It's about a lifestyle of obedience to our Heavenly Father! Thank you Dr. Holland! 0 of 0 people found the following review helpful. Did not order By Elaine Hurd I didn't order this book, or Heartbreak girl.

Comparing the Chosen Fast with the Traditional Fast and the Daniel Fast and relating them to prayer, Robert Hollands second book is a masterwork that explores some of the false assumptions about fasting. The Chosen Fast, specifically, can be spiritually understood as wisdom in its highest form, causing us to not only know what Jesus wants of us but also causes us to lovingly obey Him, follow Him in our daily lives, and live in the kingdom of heaven until it comes in its fullness. Hollands thorough and enlightening examination of fasting covers these illuminating topics: Old and New Testament Fasts including Public Fasts, Individual Fasts, and Forty Day Fasts; the Traditional Fast (weekly); the Daniel Fast (both 24/7/365 and twenty-one days); the Chosen Fast (24/7/365); the Chosen Fast and Prayer, and the Chosen Fast and Matthew 25. Transforming prayer to a 24/7/365 paradigm, the Chosen Fast is an entirely different and spiritually rewarding way of living. Filled with love and reverence for the Lord and the Bible, Holland delivers a joyous celebration of faith filled with hope, commitment, excitement, and faith. His fundamental understanding of the fast and the ease with which he imparts its principles open up an old topic in an entirely new way. An easy to use guide to fasting and prayer. The Chosen Fast and Prayer will inspire you to make fasting a regular part of your spiritual discipline and devotion.

About the Author Robert P. Holland completed a Master of Divinity from MTSO, a bachelor's degree from Marietta College, and is an ordained minister with the Assemblies of God. He served as senior pastor from 1965 until 2002 and since then as associate pastor. He is a faculty member of the Appalachian District School of Ministry (AD-SOM), teaching the Pentateuch, Romans, Eschatology, and Psalms. Robert's first book, *Some Understand 1 + 6 = 7*, was published in October, 2010; and he is currently working on his third book, *The Wisdom and Promise Study Bible*, which he plans to publish in the fall of 2012. He and his wife Dolly, also an ordained minister, have been married fifty-seven years, and have two married daughters, three grandchildren, and two great grandchildren. Robert and Dolly enjoy practicing the Chosen Fast and living on their wildlife refuge,